

VOYC Devon has been asked by The Sir Francis Chichester Trust Manager to circulate this fantastic opportunity. If you would like to contact the Trust Manager directly, please email Juliet White info@chichestertrust.org.uk

I am writing to let you know that The Sir Francis Chichester Trust is once again offering **FREE places on Outward Bound courses** to young people who live in Devon and who are aged 16-22 (at the time of the course, which will be July/August 2023) and to ask that you give some thought as to whether any of the young people that you are working with might benefit and if so help and encourage them to apply.

The courses are designed to help participants make an effective transition into sixth form, further education or work and is a chance to have a life-shaping adventure with people from all over the world, to know what they are truly capable of achieving and to stand out in a crowded market place. The courses are held at the Outward Bound centres in the Lake District, Wales and Scotland.

The aim of these courses is to allow young people to challenge themselves, demonstrate progress focused on personal development, work outside of their normal friendship group and leave with a breadth of experience that will enrich personal statements and set them aside from other young people. The main benefits for the young people are seen in greatly improved self-confidence and team working abilities, together with raised aspirations.

The Trust looks for candidates that wouldn't normally have a chance to undertake anything of this nature and will be able to enjoy and benefit from the experience. Please note that we cannot support any young people that, at the time of their course, are subject to a youth offending/rehabilitation order and also that if a young person has been supported by the Trust previously, they are unlikely to be funded for a further course.

The Sir Francis Chichester Trust will meet the full course fee (up to £1950/person) for successful applicants and ask that they are responsible for their own transport to/from the Outward Bound centre of their choice. However, if transport costs are prohibitive then we will look at additional support if possible.

The closing date for applications is Tuesday 24 January 2023 with interviews for those shortlisted being held 2 and 3 March 2023 in Exeter and young people applying must be available on one or other of these dates. An [application form can be downloaded from the Trust Website](#) and [further details](#) / video clip about the course is also available. You can also download the [Trust's Newsletter](#) from the website and this has some feedback from young people who attended a course in 2022 and were supported by The Sir Francis Chichester Trust.

Here's a [short video](#) to give you a taster of what an Outward Bound course is all about! Read about [how learning and adventure in the wild improves wellbeing in young people!](#)

I would be grateful if you would bring the opportunities that the Trust offers to the attention of young people with whom you are in contact, together with informing colleagues who might know of suitable candidates. It is a wonderful opportunity for young

people who wouldn't normally have a chance to undertake anything of this nature and if you have any queries then please do get in touch.

Many thanks.

Juliet White

Trust Manager

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