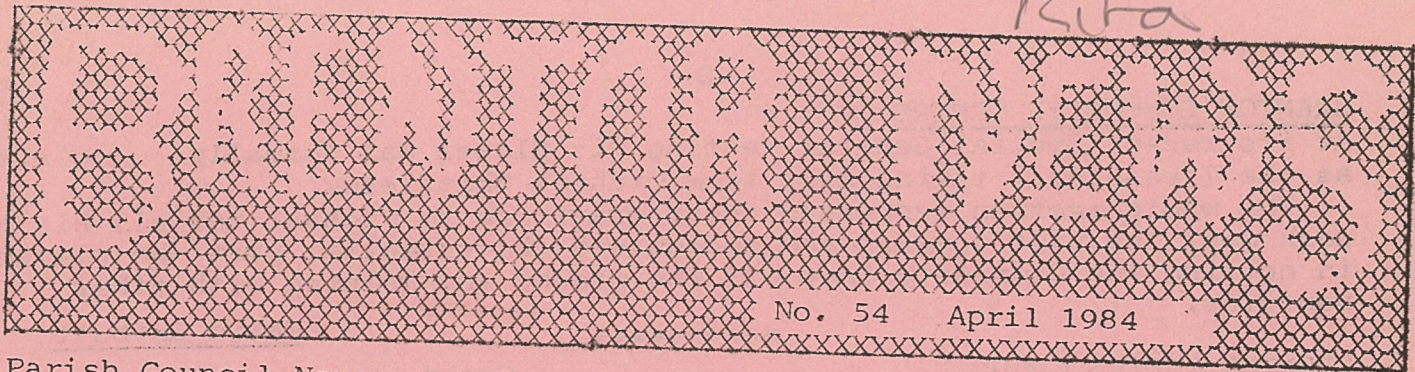


Rita



## Parish Council News.

At the Parish Council's AGM Mr M Biggs, the Vice Chairman from the previous year, was elected Chairman and Mr Clive Downing has become the new Vice-Chairman.

The retiring Chairman, Mr Edwin Blowey, thanked the Brentor News for its contribution to the Parish Council in reporting items of interest after each meeting. He in turn was thanked by the Parish Council members for all he had done as Chairman during his year of office,

\* War Emergency Plan:- The Parish Council has been asked to update ~~the Plan~~ by March 30th the War Emergency Committee, naming its members and their particular responsibilities. Parish Council decided to continue with their original decision, and act as a corporate body with no individual member of the Council having specific responsibilities.

\* South Brentor Road: It was agreed that the County Council be asked to resurface the road to South Brentor. It had been re-surfaced recently but all the chippings have already come off.

\* Brentor Public Loos. It was suggested that the National Park be asked if the public loos at the Tor Car Park could be open for a longer season for visitors.

\* Tavistock Maternity Hospital. The Parish Council expressed their concern over the closure of the maternity hospital kitchens and saw this as the thin end of the wedge. They recognised that the Maternity Hospital provided a valuable service especially for families in rural areas like Brentor which are a considerable distance from Plymouth. They agreed to write to the local health authority, our local MP, to urge that there be no further cuts.

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Gill Gorbutt

BRENTOR WI OPEN MEETING

Thursday 5th April 1984.

Illustrated talk by Major Loosemore on the work of  
the ARTHRITIS AND RHEUMATISM COUNCIL  
Village Hall 2.30pm

...everybody welcome.

ROYAL BRITISH LEGION..... Brentor and Mary Tavy Branch

A Bring and Buy Coffee morning will be held at....

"Lakemount ", Bal Lane, Mary Tavy

on Saturday April 14th from 10.30- 12 noon.

All are welcome

Roddy Beamish.

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## BRENTOR COMMUNITY SHOP

Easter Eggs and Children's Books are now on sale.

Shop early from 10 a.m. Wednesdays to avoid disappointment.

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### BRENTOR COMMUNITY CENTRE

At its recent Special General Meeting Ric Blower was formally elected as the Treasurer, taking over from Michael Whitfield.

The whole meeting expressed their gratitude to Michael for all his hard work over the past 5 years and recognised the essential part he played in getting the Community Shop off the ground and helping with other ventures.

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David Gorbutt

### BRENTOR LADIES GROUP.

Group

It has been decided to end Brentor Ladies/because of lack of support. It has been difficult to keep going for the last year or so but we tried to carry on because of the annual children's party at Christmas and the Christmas presents for the local pensioners. However the Committee of the Community Centre have undertaken to continue both of these things and we will pass on the remaining funds of the Ladies Group (approximately £30) to help towards these efforts.

Thanks are due to Maureen Prestcott and Marie Shepherd for all their hard work over the past years.

Marilyn Thistlethwaite.

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### BRENTOR PEACE GROUP.....

On Mother's Day a small group of local women, who had collected £70 necessary for a Gortex Survival Bag, drove to Greenham to deliver it. It was a bitterly cold snowy day and the women huddled around a small fire. We stayed and talked and, as ever, were so impressed by the contrast between the reality here and the pictures painted by the Comic Cuts Press. There was mud, there were the 'benders', the plastic covers on branches, all that is left after the various raids. But there is quiet talk, patient guardianship, no leaders, and a multiplicity of dress to attempt to survive.

On Mother's Day there were lots of greetings, many visitors, daffodils to trim that prison fence. There was also the Stars and Stripes flying proudly over our land. I felt, as always, ashamed to drive away leaving others to represent me in that snowy wilderness. But as long as that tiny fire keeps burning at Greenham Common, then women throughout the world can feel there is some hope. Any local donations will be gladly delivered. Brentor Peace Group intends to go back.

Margaret Doncaster.

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### HELPING OURSELVES TO HEALTH....

by Peta Humphries.

Whilst living in Hayes Middlesex, our GP was very concerned about the growing number of stress related illnesses for which the only treatment he could give was pills and a sympathetic ear during the short time available in surgery appointments. He felt that there were other answers and so he encouraged us to form into a group and take courses to help ourselves, our families and hopefully other patients to be more responsible for our own health.

We learnt how to relax and to use what we had learnt during moments of tension. We did co-counselling, learning to listen without offering advice to other people and to talk out our own anxieties and problems. We also learnt Touch for Health, an approach to health based on the ancient Chinese ideas of channels of energy running through the body, which with illness and stress can become out of balance and when connected help the body to function more efficiently, healing itself and bringing a sense of calm and well-being to the person.

We read and exchanged ideas on healthier diets, the harm that excesses of caffeine, salt, sugar, artificial additives in food can do, and the beneficial effects of natural foods (cooked or raw) to preserve their vital vitamin contents.

We passed on our knowledge to other patients, who perhaps did not want to actually participate but needed help. A variety of people with a variety of problems came to obtain relief. Hyperactive disabled children, people with arthritis, bad nerves, migraines, unhappy personal lives- the many things that reduce the joy of life. Just a group of caring, helpful people, eager to improve and sustain their own and others health. Would anyone be interested....(continued page 4)



## CHURCH NEWS

The spring flowers remind us that Easter is approaching. Two Lent discussion groups in the village have been following the BBC Radio Devon course "Jesus in Focus" on Wednesday evenings. This Lent Course has proved to be very interesting and helpful as a lead-up to the time of the Passion and Christ's resurrection. Easter Sunday is the celebration of this triumph for us and the day when all Christians try to attend Church; there is a service of Holy Communion in Christ Church at 9.45 a.m. on that day. This will be preceded by a short service of Ante Communion at St Michael's on the Tor at 12 noon on Good Friday and a Meditation Service at 2 p.m. in Christ Church on the same day.

### Bread and Cheese Lunch

Jennifer Venning is organising the usual lunch in aid of the Church of England Children's Society on Saturday 14th April in the Church Hall. She hopes that you will all come along and support her effort and that of her helpers on this occasion.

### Christian Stewardship Campaign

The Church Council have decided to launch a Christian Stewardship Campaign in the village this summer. Details of this will be circulated soon; in the meantime you are asked to keep the evening of Wednesday 6th June free if you possibly can for the special Parish Supper to be held then.

### Christian Aid Week

A house-to-house envelope collection is to be organised in the village on Christian Aid Week, which commences on Sunday 13th May.

Gay Martin has kindly agreed to take charge of the circulation etc. For those who may like to know more about Christian Aid before that week, it is hoped to organise a cheese lunch in conjunction with Lydford, to be held at the Nicholls Hall on Saturday 28th April when slides will be shown and other publicity material will be available

### Sunday School (contribution by Sally Wetherbee)

The Sunday School is planning to hold a children's disco on Saturday 28th April from 3 p.m. to 6 p.m. in the Church Hall. This is open to all children in the village and we look forward to seeing as many of you as possible. There will be an admission charge of 30p per child and this money will be donated to Christian Aid. As well as the Disco, there will be a Sunday School Stall, games and refreshments will be available to buy, so save up your pocket money and come and join us!

### Youth Weekend (contribution by Glenville Johnson)

On Saturday 24th March I joined with other young people from Whitchurch and Lydford Parishes for a visit to Exeter.

We stayed at Mercer House. There were 13 bedrooms for the children, a mixture of triples, doubles and singles.

After dinner we watched a film "The Cross and the Switchblade". This was about gang fighting between blacks and whites in Harlem and Brookdale and how a vicar managed to bring peace and friendship. We then sang hymns.

Afterwards we went to bed!! and at 12 o'clock old time we had a midnight feast, at which we were caught.

Sunday morning at 8.15 we got up and had a proper English breakfast, afterwards we attended service at Exeter Cathedral. Those who were already confirmed went to receive Holy Communion. The Cathedral has a very good choir. We were then shown around the Cathedral. There were many interesting items, the one I found most interesting was a statue of a lady with two left feet.

At dinner time we went back to Mercer House then on to Exeter Maritime Museum, from there we came home with happy memories and friendships.



### St Michael's Church

It is expected that the first summer service on the Tor will be one of Holy Communion at 6.30 p.m. on Sunday 6th May. It is hoped to organise a Spring Clean of the Church shortly when any help will be welcome.

### Church Hall

There will be a "working meeting" of the Church Hall Committee on the evening of Tuesday 10th April. All the organisations who regularly use the Hall are asked to send their representatives (more than one each if possible!) from 6 p.m. onwards on that day. We hope to discuss improvements to the Hall and how they can be done and at the same time carry out a Spring Clean and re-organisation, on the spot!! So please come armed with brush and broom and set for the fray.

### Eastcott Memorial Field

Arrangements are now in hand to fence off the upper corner of the field for use by the younger children and mothers and as a rest area. We are hoping to receive a grant of £200 towards the project from the Devon Playing Fields' Association and there are plans for a village fete on Saturday 23rd June. The Tavistock Lions have also offered help. In the meantime application is being made for planning permission for 'change of use' for the area.

### Up-to-date Bus and Train Timetables

Copies of the most recent time tables, received by the Parish Council, have been hung in the porch of Christ Church where they may always be available for reference purposes to anyone in the village. J.W.

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(cont'd from PAGE 2) HELPING OURSELVES TO HEALTH....

... in such a group in Brentor, interested in learning, and sharing their knowledge. If you feel that you would like to find out more or have something to offer, please come to a meeting in the Church Hall on Wednesday 2nd May at 8pm. All will be welcome.

Peta Humphries.

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### W.I. News.

Once again it was the Annual Members' Day at the March meeting of the W.I. Organisation of the afternoons activities was taken over by the non-committee members with Mrs Bodman acting as President and Miss Everall as Secretary.

The speaker was Mrs Hill who demonstrated a fascinating art of making flowers from ribbon, with the most incredibly beautiful and realistic results. On display were some examples of her work ranging from the tiniest miniature arrangement to a lovely cream bridal bouquet. Several members "had a go" at making roses with varying degrees of success but Mrs Hill assured them it was really quite simple and just a matter of practice makes perfect.

After a delicious tea there followed a "who said this?" quiz organised by Mrs Dunkley and one of Mrs Davey's ever popular Devon dialect monologues.

President Mrs Weston, thanked the members for organising such an enjoyable afternoon.

The Flower of the month competition was won jointly by Miss Everall and Mrs Pritchard, second Mrs Johnson, third Mrs Brew.

Marion Pritchard.

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### DIARY DATES.....

April 5th	WI Open Meeting 2.30pm Village Hall
April 10th	Church Hall Committee Working Party Evening
April 14th	British Legion Coffee Morning..Mary Tavy 10.30-12
April 14th	Bread and Cheese Lunch for C of E Childrens Society in Church Hall.
April 28th	Sunday School Disco 3-6pm Church Hall
May 2nd	Helping Ourselves to Health meeting 8pm. Allwelcome in Church Hall.

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